

HD Reach is a 501(c)3 organization dedicated to helping people with HD in North Carolina and their families receive the healthcare, education and social resources needed to manage HD in a healthy way.

We offer the following services:



HD Support Groups

Many find that being part of the HD community is like being part of a larger, stronger family, a group of people who understand your feelings and struggles. Social support, so important to problem solving and developing a sense of connectedness, provides opportunities for families to learn from others who have traveled the same road, allowing families to solve problems more quickly and efficiently. Experienced HD families and caregivers are often the best source of practical and effective information about HD and managing its symptoms. HD Reach facilitates family support groups in major areas of the state, including Raleigh, Triad, Charlotte and Greenville.



Education for Families Affected by Huntington's disease

Educational opportunities help families make well-informed decisions so they can be proactive to reduce stress and family conflict. Through our website, phone support, social media, and events, we aim to provide accurate information about the disease and its progress to help plan and make good decisions.



Resources and Referrals

Access to care through social workers trained to assess HD patients' needs, location and connect families to providers and resources or organization best able to manage your concerns. We help HD patients, families, caregivers, and in some cases providers know what resources are available to help them make good decisions.



Care Management for People with HD, Caregivers and Family Members

Healthcare has become increasingly complex, which can present major barriers to care for people with HD, working families, or caregivers struggling to manage care demands. In collaboration with your healthcare provider, HD Reach provides patient-centered, goal-directed care navigation. This may include a needs assessment, patient and family education, investigating sources of help, advocating for services, facilitating referrals, and overcoming barriers to care. In order to facilitate a timely referral to the provider or organization best able to manage your concerns, we need to understand symptoms, social needs, and information gaps. This service is often helpful for individuals with a new diagnosis, for those involved in a care transition (ie from home to a long term care facility), or individuals with multiple or complex concerns.



Contact us at:

HD Reach
1004 Dresser Court, Suite 107
Raleigh, NC 27609
(919) 803-8128 phone
(919) 327-1814 fax
info@hdreach.org

About HD Reach:

HD Reach was founded in 2009 by a group of concerned HD family members, HD specialty healthcare providers from UNC, Duke Wake Forest Universities, and HD scientists interesting in improving care for people with HD and their families. Now in our 9th year, we have served over 1004 clients in over 1322 encounters.

Our services are possible because of partnerships with your personal healthcare provider, and service networks we have developed with HD Speciality Care Centers, ancillary providers, long term care providers, local or regional organizations, and government programs. To meet your needs, we will involve these partners –or find new partners – to meet your needs. Please note that HD Reach does not directly provide health care.

HD Reach collects information from our clients and patients in order to facilitate your care with authorized providers, track progress in meeting your goals, and communicate internally with our care team. Our data is electronically stored in a customized HIPPA compliant database. No information is released at any time without your written (and often verbal) authorization. In the case of individuals at risk for HD, we can interact with you anonymously.

How it Works

When you call in to HD Reach, we will do our very best to get you headed in the right direction. Depending on your location and your specific need, we will answer your questions and assign you to the appropriate person to help you. Together, you will have a conversation to look for resources, healthcare, and community support to help you to meet your individual needs.

