

TAKE HD CHOREA CONTROL A STEP FORWARD

Many Huntington's disease (HD) patients struggle with uncontrollable chorea movements. If you or your loved one has HD and is experiencing uncontrollable movements, be sure to discuss the issue at your next in-person, phone, or online appointment.



Actor portrayals

Use this Doctor Discussion Guide to direct the conversation and help arrive at a treatment plan with your or your loved one's healthcare provider.

1. WHERE ON YOUR BODY HAVE YOU BEEN EXPERIENCING UNCONTROLLABLE MOVEMENTS?

[CHECK ALL THAT APPLY]

- Face Eyes Mouth Torso Hands Fingers Legs Feet

2. ABOUT HOW LONG HAVE YOU BEEN LIVING WITH THESE MOVEMENTS?

- Less than 3 months 3 months to 1 year 1 year or longer

3. DO THE MOVEMENTS MAKE IT DIFFICULT TO COMPLETE EVERYDAY TASKS WITHOUT ASSISTANCE?

- Often Sometimes Never

4. HOW BOTHERSOME ARE UNCONTROLLED MOVEMENTS IN YOUR DAILY LIFE?

- Very much Somewhat Not at all

This questionnaire is not a validated assessment tool, nor a diagnostic tool for HD chorea. HD chorea must be diagnosed by a medical professional.



INGREZZA IS A SIMPLE, ALWAYS ONE-CAPSULE, ONCE-DAILY MEDICATION THAT'S FDA APPROVED FOR THE TREATMENT OF HD CHOREA.

It offers 3 effective dosing options that are simple to start and adjust and allows patients to stay on many of their current mental health medications.

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Important Information

Approved Uses

INGREZZA® (valbenazine) capsules is a prescription medicine used to treat adults with:

- movements in the face, tongue, or other body parts that cannot be controlled (tardive dyskinesia).
- involuntary movements (chorea) of Huntington's disease. INGREZZA does not cure the cause of involuntary movements, and it does not treat other symptoms of Huntington's disease, such as problems with thinking or emotions.

It is not known if INGREZZA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

INGREZZA can cause serious side effects in people with Huntington's disease, including: depression, suicidal thoughts, or suicidal actions. Tell your healthcare provider before you start taking INGREZZA if you have Huntington's disease and are depressed (have untreated depression or depression that is not well controlled by medicine) or have suicidal thoughts. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings. This is especially important when INGREZZA is started and when the dose is changed. Call your healthcare provider right away if you become depressed, have unusual changes in mood or behavior, or have thoughts of hurting yourself.

Please see additional Important Safety Information and accompanying INGREZZA full [Prescribing Information](#), including Boxed Warning.



ONCE-DAILY
INGREZZA[®]
(valbenazine) capsules

5. HAVE YOUR UNCONTROLLED MOVEMENTS AFFECTED YOU...

Physically? (For instance, are you dropping things or tripping? Are balance and muscle-control problems causing difficulties with routine tasks?) [CHECK ALL THAT APPLY]

Walking Eating Speaking Swallowing Typing Taking care of yourself

Other:

Have you had to modify routine tasks and activities due to the movements?

Yes No

Socially? (For instance, have your movements caused you to withdraw from social gatherings or hobbies out of fear of being embarrassed in public?)

Yes No

Emotionally? (Have your movements caused you frustration or worry?) [CHECK ALL THAT APPLY]

Frustration Worry Other:

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WHAT'S NEXT?

After completing this guide, bring it to your next appointment and discuss your responses with your healthcare provider. Ask if INGREZZA® (valbenazine) capsules may be the optimal approach to HD chorea control for you.

Important Safety Information (continued)

Do not take INGREZZA if you:

- are allergic to valbenazine, or any of the ingredients in INGREZZA.

INGREZZA may cause serious side effects, including:

- **Sudden swelling from an allergic reaction (angioedema).** Sudden swelling has happened after the first dose or after many doses of INGREZZA. Signs and symptoms of angioedema include: swelling of your face, lips, throat, and other areas of your skin, difficulty swallowing or breathing, and raised, red areas on your skin (hives). Swelling in the throat can be life-threatening and can lead to death. Go to the nearest emergency room right away if you develop these signs and symptoms. Your healthcare provider should stop your treatment with INGREZZA.
- **Heart rhythm problems (QT prolongation).** INGREZZA may cause a heart problem known as QT prolongation. **Symptoms of QT prolongation may include:** fast, slow, or irregular heartbeat, dizziness or fainting, or shortness of breath. **Tell your healthcare provider right away if you have a change in your heartbeat (a fast or irregular heartbeat), or if you faint.**
- **Neuroleptic Malignant Syndrome (NMS):** NMS is a serious condition that can lead to death. Call a healthcare provider right away or go to the nearest emergency room if you develop these symptoms and they do not have another obvious cause: high fever, stiff muscles, problems thinking, very fast or uneven heartbeat, or increased sweating.
- **Abnormal movements (Parkinson-like).** Symptoms include: shaking, body stiffness, trouble moving or walking, or keeping your balance.

Before taking INGREZZA, tell your healthcare provider about all of your medical conditions including if you: have liver or heart problems, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Sleepiness (sedation) is a common side effect with INGREZZA. While taking INGREZZA, do not drive a car or operate dangerous machinery until you know how INGREZZA affects you. Drinking alcohol and taking other drugs that may also cause sleepiness while you are taking INGREZZA may increase any sleepiness caused by INGREZZA.

The most common side effect of INGREZZA in people with tardive dyskinesia is sleepiness (somnolence).

The most common side effects of INGREZZA in people with Huntington's disease are sleepiness (somnolence), allergic itching, rash, and trouble getting to sleep or staying asleep.

These are not all of the possible side effects of INGREZZA. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Please see INGREZZA full [Prescribing Information](#), including Boxed Warning.